OrthoRehab PHYSICAL THERAPY

THERAPIST OWNED & OPERATED

PATIENT INFORMATION

Patient's Legal Name _____ Social Security # _____ Sex Ⓜ Ⓕ

Birth Date _____ Age _____ Marital Status: ○ Married ○ Single ○ Widowed ○ Divorced ○ Separated

Mailing Address _____ City _____ State _____ Zip _____

Home # _____ Work # _____ Cell # _____

Do we have permission to leave a message on your phone? ○ Yes ○ No

Text or email appointment reminders/communication? ○ Yes ○ No Email: _____

Have you received home health services in the last 60 days? ○ Yes ○ No

List other providers you are treating with (excluding your MD): _____

SPOUSE, PARENT/LEGAL GUARDIAN & EMERGENCY CONTACT INFORMATION

Name _____ Relationship _____ Birth Date _____ Sex Ⓜ Ⓕ

Work # _____ Cell # _____

Place of Employment _____ Occupation _____

In case of emergency, please contact: _____ Relationship _____

Home # _____ Work # _____ Cell # _____

ACCIDENT INSURANCE INFORMATION – present ID to front desk personnel

PLEASE COMPLETE: **Work Related** ○ Yes ○ No **Auto Accident** ○ Yes ○ No **Other Accident** ○ Yes ○ No

Accident Insurance _____ Claim # _____

Adjuster's Name & Phone Number _____

Date of Accident _____ Describe _____

HEALTH INSURANCE INFORMATION - present ID & insurance card(s) to front desk personnel

Primary Insurance _____ Secondary Insurance _____

Subscriber's Name _____ Subscriber's Name _____

Subscriber's Date of Birth _____ Subscriber's Date of Birth _____

ADDITIONAL INFORMATION

Place of Employment _____ Occupation _____

Family Physician _____ Referring Physician _____

I understand that should I default on payment of this account and collection agency services are required, all costs of collection including attorney fees will be added to the balance of the account.

Signature _____ Date _____

CONSENT TO USE AND DISCLOSURE OF PROTECTED HEALTH CARE INFORMATION FOR TREATMENT, PAYMENT AND HEALTH CARE OPTIONS

I understand that:

- As part of my health care, Orthopedic Rehab Inc. originates and maintains health records describing my health records describing my health history, symptoms, examinations, diagnoses, and treatment.
- The use and disclosure of my protected health information (PHI) by Orthopedic Rehab Inc. is necessary to provide my medical care, obtain payment for my treatment, and carry out the practice's health care operations.
- Orthopedic Rehab Inc. uses PHI to communicate with you via your phone an email for purposes as appointment reminders and review requests. This information is private and used for communicating content to you, the patient. PHI is never shared or sold for any other reason.
- I have the option to receive a copy of **Orthopedic Rehab Inc. Notice of Privacy Practices** which provides a more complete description of the use and disclosure of my health information, and that I have the right to review that Notice prior to signing this consent. I also understand that Orthopedic Rehab Inc. reserves the right to change the Notice and its privacy practices at any time and that if I request, Orthopedic Rehab Inc. will mail me a copy of any revised Notice prior to its implementation.

I give Orthopedic Rehab Inc. permission to talk to the following people regarding my account and health information:

NAME:

RELATIONSHIP TO PATIENT:

CANCELLATION AND NO-SHOW POLICY

Your appointments are reserved especially for you and are very important to our team. We understand that sometimes schedule changes are necessary and therefore, we respectfully request at least 24-hour notice for cancellations or rescheduling of appointments. Because of the busy nature of our clinic, 24-hour notice allows us time to offer your appointment to another patient. Missed scheduled appointment, without providing 24-hour advanced notice, will be charged a $25 fee.

ASSIGNMENT OF BENEFITS AND INSURANCE DISCLAIMER

I authorize my health insurance to make payment of medical benefits directly to Orthopedic Rehab Inc. I understand that I am liable for any charges incurred should my insurance or the liable party's insurance deny payment for ANY reason.

Although Orthopedic Rehab Inc. contracts with most insurance providers, they bill my insurance as a courtesy to me. I will provide all pertinent and related insurance information, including any accident, automobile, liability, and or health insurance. Orthopedic Rehab Inc. reserves the right to lien patient recoveries from legal or insurance settlements for unpaid charge when permitted by law. Orthopedic Rehab Inc. will not bill attorneys for claims.

I am responsible for knowing what my medical and outpatient physical therapy benefits are. **I agree to pay any co-payments, co-insurance, and deductibles at the time of service.**

Orthopedic Rehab Inc. will arrange a payment plan and/or assist me with Care Credit, when necessary. Unless payment arrangements are made with Orthopedic Rehab Inc., past due balances will be sent to an outside collection agency. I understand that should I default on payment of my account and collection agency services are required, all costs of collection including legal fees will be added to the balance of my account.

PATIENT OR GUARANTOR SIGNATURE _____ DATE _____

Medical History

OrthoRehab PHYSICAL THERAPY

NAME: _____

AGE: _____ HEIGHT: _____ WEIGHT: _____

WHAT EASES YOUR PAIN? _____

WHAT MAKES YOUR PAIN WORSE? _____

WHAT ARE YOUR GOALS IN PHYSICAL THERAPY?

_____

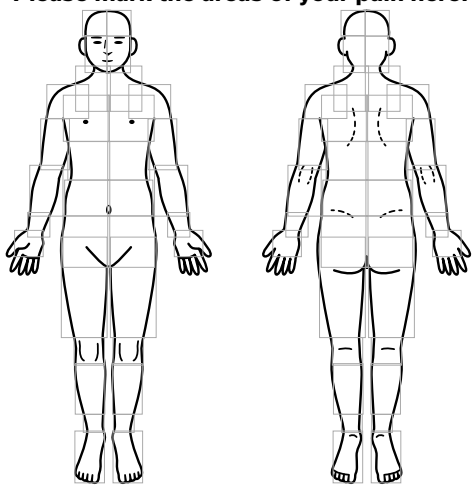
HAVE YOU HAD PREVIOUS TREATMENT FOR THIS PROBLEM?

PLEASE SPECIFY: PT ☐ CHIROPRACTIC ☐ OTHER _____

HAVE YOU HAD ANY OF THE FOLLOWING TESTS?

X-RAY ☐ CT SCAN ☐ MRI ☐ EMG ☐

Please mark the areas of your pain here:



Please mark any of the following past and current conditions that apply to you *(be as thorough as possible)*:

CONDITION	YES	NO
Allergies		
Anemia		
Anxiety		
Arthritis		
Asthma		
Autoimmune Disorder		
Cancer		
Cardiac Conditions		
Cardiac Pacemaker		
Chemical Dependency		
Circulation Problems		
Currently Pregnant		
Depression		
Diabetes		

CONDITION	YES	NO
Dizzy Spells		
Emphysema/Bronchitis		
Fibromyalgia		
Fractures		
Gallbladder Problems		
Headaches		
Hearing Impairment		
Hepatitis		
High Cholesterol		
High/Low Blood Pressure		
HIV/AIDS		
Incontinence		
Kidney Problems		
Metal Implants		

CONDITION	YES	NO
MRSA		
Multiple Sclerosis		
Muscular Disease		
Osteoporosis		
Parkinsons		
Rheumatoid Arthritis		
Seizures		
Smoking		
Speech Problems		
Strokes		
Thyroid Disease		
Tuberculosis		
Vision Problems		

Please explain any of the above marked "Yes" and describe any additional conditions or precautions:

Injury a result of a fall in the past year? YES ◯ NO ◯

Have you had two or more falls in the last year? YES ◯ NO ◯

Please describe **all surgeries** or hospitalizations *(continue on back side if necessary)*:

SURGERY TYPE: **DATE** *(mm/yyyy)*:

Please list **all medications** you are currently taking *(continue on back side if necessary)*:

MEDICATION	DOSAGE	FREQUENCY	ROUTE	REASON TAKING

SIGNATURE: _____ **DATE:** _____

OrthoRehab
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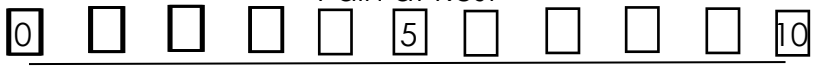
Name: _____

Date: _____

Pain Scales

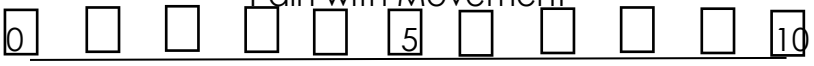
Please make a slash on the following lines to indicate your level of pain.

Pain at Rest



No Pain Worst Pain Imaginable

Pain with Movement

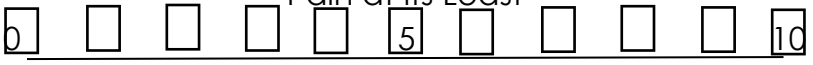


No Pain Worst Pain Imaginable

Pain at its Worst

No Pain Worst Pain Imaginable

Pain at its Least



No Pain Worst Pain Imaginable

OrthoRehab PHYSICAL THERAPY

Neck Index

Name: **Date:**

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

PAIN INTENSITY

- ◯ 0 - I have no pain at the moment.
- ◯ 1 - The pain is very mild at the moment.
- ◯ 2 - The pain comes and goes and is moderate.
- ◯ 3 - The pain is fairly severe at the moment.
- ◯ 4 - The pain is very severe at the moment.
- ◯ 5 - The pain is the worst imaginable at this moment.

PERSONAL CARE

- ◯ 0 - I can look after myself normally without causing extra pain.
- ◯ 1 - I can look after myself normally but it causes extra pain.
- ◯ 2 - It is painful to look after myself and I am slow and careful.
- ◯ 3 - I need some help but I manage most of my personal care.
- ◯ 4 - I need help every day in most aspects of self care.
- ◯ 5 - I do not get dressed, I wash with difficulty and stay in bed.

SLEEPING

- ◯ 0 - I have no trouble sleeping.
- ◯ 1 - My sleep is slightly disturbed (less than 1 hour sleepless).
- ◯ 2 - My sleep is mildly disturbed (1-2 hours sleepless).
- ◯ 3 - My sleep is moderately disturbed (2-3 hours sleepless).
- ◯ 4 - My sleep greatly disturbed (3-5 hours sleepless).
- ◯ 5 - My sleep is completely disturbed (5-7 hours sleepless).

LIFTING

- ◯ 0 - I can lift heavy weights without extra pain.
- ◯ 1 - I can lift heavy weights but it causes extra pain.
- ◯ 2 - Pain prevents lifting heavy weights off the floor, but I can manage if they are conveniently positioned (on a table).
- ◯ 3 - Pain prevents lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ◯ 4 - I can only lift very light weights.
- ◯ 5 - I cannot lift or carry anything at all.

READING

- ◯ 0 - I can read as much as I want with no neck pain.
- ◯ 1 - I can read as much as I want with slight neck pain.
- ◯ 2 - I can read as much as I want with moderate neck pain.
- ◯ 3 - I cannot read as much as I want because of moderate neck pain.
- ◯ 4 - I can hardly read at all because of severe neck pain.
- ◯ 5 - I cannot read at all because of severe neck pain.

CONCENTRATION

- ◯ 0 - I can concentrate fully when I want with no difficulty.
- ◯ 1 - I can concentrate fully when I want with slight difficulty.
- ◯ 2 - I have a fair degree of difficulty concentrating when I want.
- ◯ 3 - I have a lot of difficulty concentrating when I want.
- ◯ 4 - I have a great deal of difficulty concentrating when I want.
- ◯ 5 - I cannot concentrate at all.

RECREATION

- ◯ 0 - I am able to engage in all my recreation activities without neck pain.
- ◯ 1 - I am able to engage in all my usual recreation activities with some neck pain.
- ◯ 2 - I am able to engage in most but not all my usual recreation activities because of neck pain.
- ◯ 3 - I am only able to engage in a few of my usual recreation activities because of neck pain.
- ◯ 4 - I can hardly do any recreation activities because of neck pain.
- ◯ 5 - I cannot do any recreation activities at all.

DRIVING

- ◯ 0 - I can drive my car without any neck pain.
- ◯ 1 - I can drive my car as long as I want with slight neck pain.
- ◯ 2 - I can drive my car as long as I want with moderate neck pain.
- ◯ 3 - I cannot drive my car as long as I want because of moderate neck pain.
- ◯ 4 - I can hardly drive at all because of severe neck pain.
- ◯ 5 - I cannot drive my car at all because of neck pain.

WORK

- ◯ 0 - I can do as much work as I want.
- ◯ 1 - I can only do my usual work but no more.
- ◯ 2 - I can only do most of my usual work but no more.
- ◯ 3 - I cannot do my usual work.
- ◯ 4 - I can hardly do any work at all.
- ◯ 5 - I cannot do any work at all.

HEADACHES

- ◯ 0 - I have no headaches at all.
- ◯ 1 - I have slight headaches which come infrequently.
- ◯ 2 - I have moderate headaches which come infrequently.
- ◯ 3 - I have moderate headaches which come frequently.
- ◯ 4 - I have severe headaches which come frequently.
- ◯ 5 - I have headaches almost all the time.

NECK INDEX SCORE: _____

Index Score = [Sum of all statements selected / (# of sections with a statement selected X 5)] X 100