OrthoRehab PHYSICAL THERAPY

THERAPIST OWNED & OPERATED

## PATIENT INFORMATION

Patient's Legal Name _____ Social Security # _____ Sex M ◯ F ◯

Birth Date _____ Age _____ Marital Status: Married ◯ Single ◯ Widowed ◯ Divorced ◯ Separated ◯

Mailing Address _____ City _____ State _____ Zip _____

Home # _____ Work #_____ Cell # _____

Do we have permission to leave a message on your phone? Yes ◯ No ◯

Text or email appointment reminders/communication? Yes ◯ No ◯ Email:_____

Have you received home health services in the last 60 days? Yes ◯ No ◯

List other providers you are treating with (excluding your MD): _____

## SPOUSE, PARENT/LEGAL GUARDIAN & EMERGENCY CONTACT INFORMATION

Name _____ Relationship _____ Birth Date _____ Sex M ◯ F ◯

Work # _____ Cell # _____

Place of Employment _____ Occupation _____

In case of emergency, please contact: _____ Relationship _____

Home # _____ Work # _____ Cell # _____

## ACCIDENT INSURANCE INFORMATION – present ID to front desk personnel

**PLEASE COMPLETE:** **Work Related** Yes ◯ No ◯ **Auto Accident** Yes ◯ No ◯ **Other Accident** Yes ◯ No ◯

Accident Insurance _____ Claim #_____

Adjuster's Name & Phone Number _____

Date of Accident _____ Describe _____

## HEALTH INSURANCE INFORMATION - present ID & insurance card(s) to front desk personnel

Primary Insurance _____ Secondary Insurance _____

Subscriber's Name _____ Subscriber's Name _____

Birth Date of Policy Holder _____ Birth Date of Policy Holder _____

## ADDITIONAL INFORMATION

Place of Employment _____ Occupation _____

Family Physician _____ Referring Physician _____

Orthopedic Rehab Inc. will arrange a payment plan and/or assist me with Care Credit, when necessary. Unless payment arrangements are made with Orthopedic Rehab Inc., past due balances will be sent to an outside collection agency. I understand that should I default on payment of my account and collection agency services are required, all costs of collection including legal fees, up to 45%, will be added to the balance of my account. This signed document covers my entire episode of care, which comprises all charges/visits/treatment throughout the duration of care.

Signature _____ Date _____

# Policy

## CONSENT TO USE AND DISCLOSURE OF PROTECTED HEALTH CARE INFORMATION FOR TREATMENT, PAYMENT AND HEALTH CARE OPTIONS

I understand that:

- As part of my health care, Orthopedic Rehab Inc. originates and maintains health records describing my health records describing my health history, symptoms, examinations, diagnoses, and treatment.
- The use and disclosure of my protected health information (PHI) by Orthopedic Rehab Inc. is necessary to provide my medical care, obtain payment for my treatment, and carry out the practice's health care operations.
- Orthopedic Rehab Inc. uses PHI to communicate with you via your phone and email for purposes as appointment reminders and review requests. This information is private and used for communicating content to you, the patient. PHI is never shared or sold for any other reason.
- I have the option to receive a copy of **Orthopedic Rehab Inc. Notice of Privacy Practices** which provides a more complete description of the use and disclosure of my health information, and that I have the right to review that Notice prior to signing this consent. I also understand that Orthopedic Rehab Inc. reserves the right to change the Notice and its privacy practices at any time and that if I request, Orthopedic Rehab Inc. will mail me a copy of any revised Notice prior to its implementation.

***I give Orthopedic Rehab Inc. permission to talk to the following people regarding my account and health information:***

NAME:

_____

RELATIONSHIP TO PATIENT:

_____

## CANCELLATION AND NO-SHOW POLICY

Your appointments are reserved especially for you and are very important to our team. We understand that sometimes schedule changes are necessary and therefore, we respectfully request at least 24-hour notice for cancellations or rescheduling of appointments. Because of the busy nature of our clinic, 24-hour notice allows us time to offer your appointment to another patient. Missed scheduled appointment, without providing 24-hour advanced notice, will be charged a $25 fee.

## ASSIGNMENT OF BENEFITS AND INSURANCE DISCLAIMER

I authorize my health insurance to make payment of medical benefits directly to Orthopedic Rehab Inc. I understand that I am liable for any charges incurred should my insurance or the liable party's insurance deny payment for ANY reason.

Although Orthopedic Rehab Inc. contracts with most insurance providers, they bill my insurance as a courtesy to me. I will provide all pertinent and related insurance information, including any accident, automobile, liability, and or health insurance. Orthopedic Rehab Inc. reserves the right to lien patient recoveries from legal or insurance settlements for unpaid charge when permitted by law. Orthopedic Rehab Inc. will not bill attorneys for claims.

I am responsible for knowing what my medical and outpatient physical therapy benefits are. **I agree to pay any co-payments, co-insurance, and deductibles at the time of service and understand I may be billed for any unmet patient responsibility.**

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_____ _____

PATIENT OR GUARANTOR SIGNATURE DATE

# Medical History

OrthoRehab PHYSICAL THERAPY

**NAME:** _____

AGE: _____ HEIGHT: _____ WEIGHT: _____

WHAT EASES YOUR PAIN? _____

WHAT MAKES YOUR PAIN WORSE? _____

WHAT ARE YOUR GOALS IN PHYSICAL THERAPY?

_____

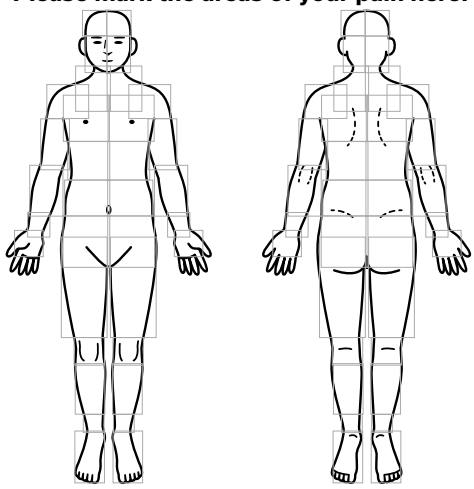
**HAVE YOU HAD PREVIOUS TREATMENT FOR THIS PROBLEM?**

PLEASE SPECIFY: PT ☐ CHIROPRACTIC ☐ OTHER _____

**HAVE YOU HAD ANY OF THE FOLLOWING TESTS?**

X-RAY ☐ CT SCAN ☐ MRI ☐ EMG ☐

**Please mark the areas of your pain here:**



Please mark any of the following past and current conditions that apply to you *(be as thorough as possible)*:

| CONDITION | YES | NO |
|---|---|---|
| Allergies | ◯ | ◯ |
| Anemia | ◯ | ◯ |
| Anxiety | ◯ | ◯ |
| Arthritis | ◯ | ◯ |
| Asthma | ◯ | ◯ |
| Autoimmune Disorder | ◯ | ◯ |
| Cancer | ◯ | ◯ |
| Cardiac Conditions | ◯ | ◯ |
| Cardiac Pacemaker | ◯ | ◯ |
| Chemical Dependency | ◯ | ◯ |
| Circulation Problems | ◯ | ◯ |
| Currently Pregnant | ◯ | ◯ |
| Depression | ◯ | ◯ |
| Diabetes | ◯ | ◯ |

| CONDITION | YES | NO |
|---|---|---|
| Dizzy Spells | ◯ | ◯ |
| Emphysema/Bronchitis | ◯ | ◯ |
| Fibromyalgia | ◯ | ◯ |
| Fractures | ◯ | ◯ |
| Gallbladder Problems | ◯ | ◯ |
| Headaches | ◯ | ◯ |
| Hearing Impairment | ◯ | ◯ |
| Hepatitis | ◯ | ◯ |
| High Cholesterol | ◯ | ◯ |
| High/Low Blood Pressure | ◯ | ◯ |
| HIV/AIDS | ◯ | ◯ |
| Incontinence | ◯ | ◯ |
| Kidney Problems | ◯ | ◯ |
| Metal Implants | ◯ | ◯ |

| CONDITION | YES | NO |
|---|---|---|
| MRSA | ◯ | ◯ |
| Multiple Sclerosis | ◯ | ◯ |
| Muscular Disease | ◯ | ◯ |
| Osteoporosis | ◯ | ◯ |
| Parkinsons | ◯ | ◯ |
| Rheumatoid Arthritis | ◯ | ◯ |
| Seizures | ◯ | ◯ |
| Smoking | ◯ | ◯ |
| Speech Problems | ◯ | ◯ |
| Strokes | ◯ | ◯ |
| Thyroid Disease | ◯ | ◯ |
| Tuberculosis | ◯ | ◯ |
| Vision Problems | ◯ | ◯ |

Please explain any of the above marked "Yes" and describe any additional conditions or precautions:

Injury a result of a fall in the past year? YES ◯ NO ◯

Have you had two or more falls in the last year? YES ◯ NO ◯

Please describe **all surgeries** or hospitalizations *(continue on back side if necessary)*:

**SURGERY TYPE:** **DATE** *(mm/yyyy)*:

Please list **all medications** you are currently taking *(continue on back side if necessary)*:

| MEDICATION | DOSAGE | FREQUENCY | ROUTE | REASON TAKING |
|---|---|---|---|---|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

**SIGNATURE:** _____ **DATE:** _____

OrthoRehab
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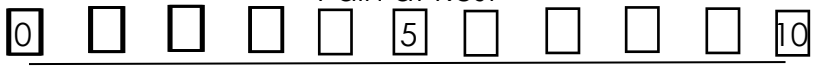
Name: _____

Date: _____

# Pain Scales

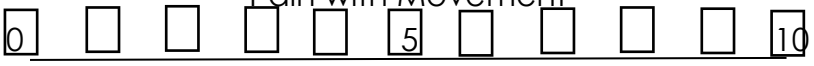
Please make a slash on the following lines to indicate your level of pain.

Pain at Rest




No Pain Worst Pain Imaginable

Pain with Movement

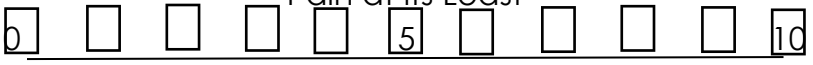



No Pain Worst Pain Imaginable

Pain at its Worst


No Pain Worst Pain Imaginable

Pain at its Least




No Pain Worst Pain Imaginable

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# *The Upper Extremity Functional Index (UEFI)*

**Name:** _____ **Date:** _____

We are interested in knowing whether you are having difficulty at all with the activities listed below **because of your upper limb** problem for which you are currently seeking attention. Please provide an answer for each activity.

**Today, *do you* or *would you* have any difficulty at all with:**

| | Extreme difficulty or totally unable (0 points each) | Quite a bit of difficulty (1 point each) | Moderate difficulty (2 points each) | A little bit of difficulty (3 points each) | No difficulty whatsoever (4 points each) |
|---|---|---|---|---|---|
| Any usual work, housework, or school activities | ○ | ○ | ○ | ○ | ○ |
| Usual hobbies, rec or sporting activities | ○ | ○ | ○ | ○ | ○ |
| Lifting a bag of groceries to waist level | ○ | ○ | ○ | ○ | ○ |
| Lifting a bag of groceries above your head | ○ | ○ | ○ | ○ | ○ |
| Grooming your hair | ○ | ○ | ○ | ○ | ○ |
| Pushing up on your hands | ○ | ○ | ○ | ○ | ○ |
| Preparing food (peel, cut) | ○ | ○ | ○ | ○ | ○ |
| Driving | ○ | ○ | ○ | ○ | ○ |
| Vacuuming, sweeping or raking | ○ | ○ | ○ | ○ | ○ |
| Dressing | ○ | ○ | ○ | ○ | ○ |
| Doing up buttons | ○ | ○ | ○ | ○ | ○ |
| Using tools or appliances | ○ | ○ | ○ | ○ | ○ |
| Opening doors | ○ | ○ | ○ | ○ | ○ |
| Cleaning | ○ | ○ | ○ | ○ | ○ |
| Tying or lacing shoes | ○ | ○ | ○ | ○ | ○ |
| Sleeping | ○ | ○ | ○ | ○ | ○ |
| Laundering clothes | ○ | ○ | ○ | ○ | ○ |
| Opening a jar | ○ | ○ | ○ | ○ | ○ |
| Throwing a ball | ○ | ○ | ○ | ○ | ○ |
| Carrying a small suitcase with your affected limb | ○ | ○ | ○ | ○ | ○ |

**Minimum Level of Detectable Change (90% Confidence): 9 points** **SCORE: _____ / 80**